

**March 22nd- 24th 2013**

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Deliberate Harmony

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Our lives are changed

most by **events**,

*experiences* and

encounters with

others. Sometimes a

simple, brief event

can **change**

our perspective so

profoundly

that we NEVER see

the world in **quite** the

SAME way again.

A **life-changing** personal growth experience

*The Breakthrough Course!*

* **How to achieve more joy and satisfaction in your life.**
* **How to overcome self-imposed limitations.**
* **How to embrace new challenges.**
* **How to strengthen relationships.**
* **How to communicate more effectively.**
* **How to develop self-confidence and personal power.**
* **Add more direction, passion, and purpose to your life.**

The Breakthrough Course

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You have everything necessary to live a happy and fulfilling life...

... yet we can all use some help from time to time getting there!



The Breakthrough Course

You deserve it!

Deliberate Harmony

 dedicated to helping people to live life to the fullest

 www.deliberateharmony.com

**The Breakthrough Course** is a unique personal training program that combines group interaction, exercises and intense instruction to help you improve your experience of life and your relationships with others.

This is a transformational weekend course designed to help you get what you want out of life. It will enhance your ability to experience life more powerfully, enabling you to make things happen.

You will experience stepping beyond your barriers, providing the possibility of new freedom to fully express yourself and achieve your dreams.

You will leave with a lighter, more energetic feeling about yourself, and with new skills for creating your dreams and reaching your goals.

As a participant, you will have the entire weekend to focus on your goals. The course will show ways people act and react, so you can better understand your motivations.

The weekend offers an opportunity to look at where you are holding back from getting all that you want out of life.

The instructors, assistants, and students work together to develop ways to reach individual goals. The course allows you to interact with others on a deeper level.

Your $495 course fee includes:

1. 30 hours of personalized instructional activities
2. Follow-up session and other program activities
3. Opportunity to assist in unlimited additional courses at no charge
4. One follow-up coaching call from the course instructor

Personal Growth

Individual Attention / Group Support



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